



**Associations for
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IN Standards & Curriculum for: “NLP Master, IN” (= “NLP Master Practitioner, IN”)

www.NLP-Institutes.net

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1. Binding formal training organization

Training duration

- The qualification "NLP Master, IN" consists all in all of at least 260 hours/36 days NLP training.
- The first 130 hours/18 days are the entry qualification “NLP Practitioner, IN”.
- The second 130 hours/18 days of on-site face-to-face training (including assessment) cover the special “NLP Master, IN” content.

Mandatory Details

- A training hour has 60 minutes. Brakes longer than 30 minutes are not counted as training time.
- A training group has at least 6 members (counted without assistants or "NLP Master Trainer, IN").
- An IN certification training with IN sealed certificates (sticker with IN logo and seal number) has to be conducted at least 80% of the time by an approved "NLP Master Trainer, IN". The remaining up to 20% of the training can be conducted by another high qualified person under the supervision of a “NLP Master Trainer, IN”.
- The title “NLP Master, IN” can only be used on a certificate with an IN seal.
- **Online Training** requires the permission of the Online Commission.

Details are here: www.nlp-institutes.net/sources/commissions/commission-online-training

Optional Details

- With more than 10 participants, it is highly recommended to involve an assistant who must be qualified at least at the level: “NLP Master, IN”.
- We recommend individual and group supervision, buddies, peer coaching, and intervision.

IN Seals, and List of appointed “NLP Master Trainer, IN”

- You can order seals in your login area. We highly recommend online seals and certificates.
- The list of seal entitled "NLP Master Trainer, IN": www.nlp-institutes.net/show/seal.php

IN Curricula and IN Certification Guidelines: <https://www.nlp-institutes.net/about/curricula>



2. Required training content

- **Basic foundations of "NLP Master, IN" competence**
 - the ecological and ethically sound use of NLP and the NLP axioms
 - behavioral competency in all "NLP Practitioner, IN" skills
 - the ability to use several NLP techniques simultaneously
 - flexibility with one's own representational systems and perceptual filters
 - advanced rapport skills with individuals and groups
 - the ability to shift deliberately the focus between content and form
 - deep understanding of the difference between experience (territory) and label (map)
 - the ability to give accurate sensory based feedback
 - advanced rapport abilities (build and maintain rapport to each individual in the training group)
 - Ethical and legal issues in the practice of NLP
- **Advanced Modelling Project**
 - Modelling of behavior, state, core beliefs, core values, meta-programs
 - Step by step own Modelling project during the "NLP Master, IN" training
- **Meta-Programs** (perceptual filters, sorting styles)
 - LAB-Profile (Shelle Rose Charvet)
 - Robert Dilts version of Meta Programs
- **Beliefs**
 - Detecting and modifying limiting beliefs, installing new supporting beliefs
 - Core beliefs, Belief systems and positive intention (chunking up)
 - Re-Imprinting and advanced TimeLine (Robert Dilts)
 - Change Belief Cycle (Robert Dilts)
- **Values**
 - Elicitation of core values and positive intention (chunking up)
 - Developmental NLP (Claire Graves, Spiral Dynamics, Ken Wilber)
 - Opt.*: Satir categories (as an example of values, beliefs, and Meta Programs)
- **Conversational Belief Change** (NLP rhetoric)
 - Deliberate multilevel communication
 - Changing Beliefs with Slight of Mouth
 - Opt.*: Story Telling on identity level
- **Advanced Milton-Model**
 - guided phantasy
 - healing metaphors
 - conversational use of trance
- **Advanced deep change work and Flow States**
 - Basic NLP processes in Core Transformation (Connirae Andreas)
 - Opt.*: Use of NLP in Process Orientated Psychology (Arnold Mindel)
 - Opt.*: Use of NLP in the The Hero's Journey (Dilts/Gilligan)



- **Advanced Submodalities**
 - Use of NLP in Constellation (Bert Hellinger, Insa Sparrer/Matthias Varga von Kibéd, Rebecca Szeto)
 - Opt.*: Use of NLP in Social Panorama and Mental Space Psychology (Dr. Lucas Derks)
- Opt.*: **Generative NLP**
 - SOAR and Jungle Gym
 - Unified Field Theory of NLP
- **NLP Master level Presentation Skills**
 - Who, Metaphor, What, How, Where from, Why, Task for listeners
- **Systemic work on NLP Master level with groups, families, teams**
 - Negotiation
 - Conflict management

Written and Behavioral assessment

The mandatory written test assesses the integration of the most important “NLP Master, IN” training contents and ensures high quality learning. The test should reveal the comprehension and integration of the following contents: 1. modeling, 2. meta-programs, 3. hindering beliefs, 4. Values, 5. Sleight of Mouth, 6. TimeLine, 7. advanced work in using Trance.

Contents and form of the behavioral assessment should be tailored to the relevant experiences of the participants on basis of their modelling project.

Details of the contents and form of the written and behavioral assessment are chosen by the responsible “NLP Master Trainer, IN”.

Opt.* means that this content is only highly recommended, but not mandatory.



3. Recommendation how to structure the NLP Training Content

for the minimum of 18 days in 130 hours of “NLP Master, IN”

Main structure of the training

Our main recommendation is to use more than the minimum of 18 days with 130 hours on-site face-to-face training, and to include group supervision, a buddy system, self-experience, and self-organized intervision groups.

The following recommendations are thought as an inspiration

You are free to change the sequence of content, to add content, and to use different content, as long as the main topics of a “NLP Master, IN” are covered: Modelling, Meta Programs, Beliefs, Values, Slight of Mouth, Re-Imprint, Advanced Milton Modell, Advanced Submodalities, Advanced deep change work, Basic Presentation Skills. Therefore, the following is for your inspiration and as a basis for our “NLP Master Trainer, IN” discussions.

Day 1: Introduction, Group Spirit, Live Design

- 1.) Introduction (in the form of: Who, Metaphor, What, How, Where from, Why, Task for listeners)
- 2.) IN ethics and quality standard, IN membership, content overview of “NLP Master, IN”
- 3.) Basic NLP history (details in online platform) + basic axiom ideas + main NLP schools (e.g.: Bandler with Trance, Grinder with Whispering, Dilts with Success Factors, Woodsmall with Clare Graves, James with TimeLine, Bolstad with Science and Spirituality, Nielsen with NLPsy and Mindfulness)
- 4.) Basic main content of “NLP Practitioner, IN” and how the content of the “NLP Master, IN” builds on this in a new intensity. From goals to Life Design and a Modelling project, from Body Language/Anchoring/Milton Model to Presentation Skills, from Submodalities to Meta-Programs, from Self-Management and Meta-Modell to Belief Change work, from Reframing to Slight of Mouth, from Change History/6-Step/TimeLine to Re-Imprint, from 6-Step to Core Transformation,...
- 5.) **Activation of the Group Spirit:** Who is here with what goal? Communication rules in accordance with the axioms, e.g.: self-management, non-judging, client centered communication approach, positive intention. Introducing the idea of a Buddy System, self-organized intervision in working groups, and group supervision through assistants (resource angels).
- 6.) self-perception and external perception: How do the others in the group see me?
- 7.) Sharing of first inspirational ideas for the group regarding Life Design and Modelling examples.

The main idea of this first day is to:

- set effective frames for the training outcome
- organize an intensive group process where the participants get to know each other
- inspire the group how to support each other best, and
- clarify the Life Design and Modelling Project of each participant that he can use to work on throughout the whole training.

For this, we recommend to let them intensively exchange and write down their preferred Life, so that they can use the training content of each training day to approach more and more their preferred Life.

Day 2: Life Design and Modelling Project

- 1.) Overview on different Modelling styles (Fran Burgess)
- 2.) Modelling for your Life Design some Best Moments of your life, and modelling resonances that you feel when you think about people you admire. What do you already know about core beliefs, values, and Mind Sets in such Best Moments, and from people who you admire?
- 3.) Clarifying Life Design project and Modelling project for the final assessment.
- 4.) Create working groups and Buddy pairs.



Day 3: Meta Programs for Life Design

- 1.) LAB-Profile (Shell Rose Charvet)
- 2.) Robert Dilts version of Meta Programs
- 3.) Changing Meta Programs through transfer from reference situations

Day 4: Belief I for Life Design

- 1.) Detecting and modifying limiting beliefs, installing new beliefs,
- 2.) Re-Imprinting and advanced TimeLine (Robert Dilts)

Day 5: Belief II for Life Design

- 1.) Bandler's typical NLP way to change a limiting belief (Irritation and offering a new belief) explained and exercised on the example of "The Work" from Byron Katie
- 2.) Change Belief Cycle (Robert Dilts)

Day 6: Values for Life Design

- 1.) Value Systems and Developmental NLP (Clare Graves, Spiral Dynamics, Ken Wilber)
- 2.) Satir categories as perceptual filters, controlled by values, beliefs and Meta programs

Day 7: The Magic of Conversational Belief Change for Life Design

- 1.) Deliberate multilevel communication
- 2.) Changing Beliefs with Slight of Mouth

Day 8: Story Telling for Life Design

- 1.) NLP Axiom: The Map is not the Territory. What you think about your past is a story that you can change. Do not believe everything your brain tells you.
- 2.) Tell the story of your life using consciously different Meta-Programs, Beliefs and Values

Day 9: Presentation Skills for Life Design

- 1.) Present in a group your Life Design using basic presentation skills (Who, Metaphor, What, How, Where from, Why, Task for listeners)

Day 10: Advanced Trance (Meta- and Milton-Model) for Life Design

- 1.) guided phantasy
- 2.) healing metaphors
- 3.) Basics from Process Orientated Psychology (Arnold Mindel): Using the energy of a problem as power and energy for the enfolding of the solution, by allowing the problem to grow up and transform in a wonderful resource with Flow Energy.

Day 11: Advanced deep change work and Flow State for Life Design I

- 1.) Introduction in Core Transformation (Connirae Andreas) as extended 6-Step Reframing

Day 12: Advanced deep change work and Flow State for Life Design II

- 1.) Looking behind the pictures (visual kind of Core Transformation)
- 2.) Dropping through (kinesthetic kind of Core Transformation)

Day 13: Advanced deep change work and Flow State for Life Design III

- 1.) Introduction in NLP and Hero's Journey
- 2.) Introduction in NLP and Mindfulness
- 3.) Meta Mirror



Day 14: Advanced deep change work and Flow State for Life Design IV

- 1.) Advanced Submodalities: Basics in Social Panorama (Dr. Lucas Derks)
- 2.) Basics in Constellation (Bert Hellinger, Insa Sparrer/Matthias Varga von Kibéd, Rebecca Szeto)

Day 15: Systemic approach for Life Design

- 1.) Negotiation
- 2.) Conflict Management
- 3.) Working with groups, families, teams

Day 16: Generative NLP for Life Design

- 1.) SOAR and Jungle Gym (NLP Encyclopedia 1255 to 1277)
- 2.) Unified Field Theory of NLP (NLP Encyclopedia 437 to 441)
- 3.) Looking back from 3 different future solutions and exploring what is the same within all 3.

Day 17: Assessment I

- 1.) Written and practical assessment for “NLP Master, IN”

Day 18: Assessment II

- 1.) Written and practical assessment for “NLP Master, IN”



4. Mandatory requirements for a certificate

The 'NLP Master, IN' certificate must include the following:

1. the correct title of the qualification: "NLP Master, IN" (or "NLP Master Practitioner, IN") (the title "NLP Master, IN" can only be used on a certificate with an IN seal)
2. the duration of the course with precise information regarding training days and hours ("NLP Master, IN" 130 hrs./18 days)
3. Online Training requires the written permission of the Online Commission.
Details are here: www.nlp-institutes.net/sources/commissions/commission-online-training
4. the date of the first and last day of the course
5. a statement that all IN guidelines have been met
6. the IN seal (sticker with IN logo and seal number)
7. the signature of the "NLP Master Trainer, IN"

We recommend for 2., 4. and 5. the following sentence on the certificate: "The training comprised of 130 full hours in 18 days on-site face to face training, from ...(date of first day) to ...(date of last day), in strict accordance with the high ethics and quality standards of the International Association of NLP Institutes (IN)."

Training content for the qualification: We highly recommend to list the complete trained main content (see the above curriculum) and the complete amount of training hours and days that is needed for the certified qualification "NLP Master, IN" on the backside of the certificate or on a separate signed document.

The following statement is optional for an IN sealed certificate:

"Because of the high quality of this training it may be recognized as ECTS credit points in academic studies in psychology with a focus on NLP."

For more details, please see the "[IN Certification Guidelines](#)"

When you login you can buy seals in your login area.

Here you find the options for:

1. physical seals (the old and most inconvenient way)
2. to use our wonderful designed online certificate (you find for this a video in your login area)
3. to use jpg or png seals that you can print on your own certificates



5. Mandatory requirements for Online Training

Online Training requires the written permission of the Online Commission.

Details are here: www.nlp-institutes.net/sources/commissions/commission-online-training

For online training, you need to write on the certificate the exact number of hours for each training part. With the required permission of the Online Commission you can offer up to 100% interactive live online training and up to 20% non-interactive online training. Whatever mixture you are allowed to use, please make sure that you write the correct mixture on your certificate.

The required sentence is in case you use all 3 kinds of learning: "The training comprised of ... hours in ... days on-site face to face training, plus ... hours in ... days interactive live online training, plus ... hours in ... days non-interactive online training, from ...(date of first day) to ...(date of last day), in strict accordance with the high ethics and quality standards of the International Association of NLP Institutes (IN).

In case you decide to include non-interactive online training for up to 20% of the training you have 2 options.

Option 1 is that you stay with the 18 days and only reduce the amount of daily face-to-face training to 6 hours each day. This brings you to 18 days x 6 hours = 108 hours of the required 130 hours. For the remaining 22 hours you can then offer a learning platform. For 22 hours you need 78 minutes (22 x 60 = 1320 minutes : 17 gaps = 78 minutes) controlled and assessed online learning after each of the first 17 of the 18 days. If you arrange the 18 days in 9 weekends with 2 days each weekend, then you need between each of the 9 weekends 165 minutes (1320 minutes : 8 gaps) controlled and assessed online learning

Option 2 is that you reduce the days (max. 3 days) and the time (max. 26 hours). Then you need on the 15 days every day 7 hours face-to-face training. This brings you to 15 days x 7 hours = 105 hours of the required 130 hours. For the remaining 25 hours you can then offer a learning platform. For 25 hours you need 107 minutes (25 x 60 minutes = 1500 minutes : 14 gaps = 107 minutes) controlled and assessed online learning after each of the first 14 days of the 15 days. If you arrange the 15 days in 5 weekends with 3 days each weekend, then you need between each of the 5 weekends 375 minutes (1500 : 4 gaps) controlled and assessed online learning. If you arrange the 15 days in 3 weeks with 5 days each week, then you need between each of the 3 weekends 750 minutes controlled and assessed online learning.

The content of the online learning platform should support the content of the training days, especially through Q&A (Questions and Answers), relevant Literature, and in a scientific approach with additional facts that deepen the learning during the life training, especially from the area of Psychology.

If the option with up to maximum 26 hours learning in an online learning platform is chosen, sufficient assessment for the most important learning content in the online learning platform should be integrated in the life training. To exceed the minimum amount of hours and days is very welcome.

Please note that for up to 100% interactive live online training (Zoom with breakout groups) **and/or** up to 20% non-interactive online training (learning platform) you need the approval of the relevant Online Commission. This means that you need to let your online content and the relevant assessment approach for this content be approved by the relevant online commission **before** you start the training.

You find the details here: www.nlp-institutes.net/sources/commissions/commission-online-training

Contact to the Online Commission: Online-Commission@IN-ICI.net



6. Invitation letter for training participants

Dear Graduate,

Congratulations - we are happy with you about your successful graduation!

Please become a member of our worldwide, professional community of our 6 associations.

- The certified training courses of our associations are scientifically based, and meet highest international quality and ethics standards.
- With a sealed certificate your membership is free of costs: no admission fee and no annual membership fees.
- There are many advantages, like the possibility of exchanging and networking with others worldwide, and editing your profile yourself.
- With our qualifications, we are committed to lifelong learning and contribute to a peaceful world.
- We are more than 7.500 members in 88 countries (as of 3/2021). Our members learn with and from one another. You are very welcome to join us.

To become a member is easy

1. via a group upload by your master trainer
2. **or** with a special code on the final day of your training
3. **or** individually by registering here: www.nlp-institutes.net/apply through uploading an image/PDF of your sealed certificate

You can set yourself in your profile

- whether your address (including phone and email address) should be displayed publicly
- whether you only want to show which city you live in
- what you particularly value about your qualification and the training you attended
- which topics are of particular interest to you
- upload a picture, publish a link to your own website, and much more

You find more about us

- on the umbrella website of our associations: www.We-evolve.World
- in our videos: <https://youtu.be/kbXijDous-g> and https://youtu.be/-SVj_rGOt3Q
- on the website of our world congresses: www.in-ici.net
- on our Facebook: www.facebook.com/we.evolve.world
- on our resource websites: www.We-evolve.World/resources

With very best wishes

Nandana Nielsen & Karl Nielsen

Presidents of the 6 Associations and Professors at Universidad Central de Nicaragua (UCN)



World Hypnosis Organization
WHO
www.world-hypnosis.org

POSITIVE PSYCHOLOGY ORGANIZATION (PosPsy)
www.PosPsy.org

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